



Canada is turning 150 this year - no surprise there. **ParticipACTION** as part of the Nation's 150<sup>th</sup> year is a heavy promoter of all activities that support and celebrate both our Nation's 150<sup>th</sup> year and physical and mental activity and well being.

Pickleball Canada has named August 12, 2017 as National Pickleball Day and would like to encourage ALL pickleball communities within Canada to participate by organizing a celebratory event on or around August 12.

August 12 may not work for you and your pickleball community - some have plans in either the week(s) ahead or after which preclude another event being planned - that is understandable. If your group has nothing going on - plan something for that day, work the number 150 into it. Maybe do a longer term plan that could culminate on or before August 12.

Some suggestions:

- Can you play 150 pickleball games before ?
- Can you partner with 150 different people while playing ?
- 150 different venues may not be possible but how about 15 different venues ?
- For some of us just accumulating 150 points would be a challenge.
- Run a small tournament targeting 150 games
- Get 150 people out to play one venue at once
- Fund raise in multiples of \$150
- Try dinking 150 times in a row
- ??

So whether you already have a pickleball plan on or about August 12 or you can create something, Canada's 150th year can be the impetus or an added incentive. Hopefully August 12 does NOT coincide with too many other events and therefore less competition for time/participants.

For those of you who are not familiar with the ParticipACTION 150 web site, here are the simple steps to register up for the Playlist Day:

1. Sign into - copy and paste... <https://www.participaction.com/en-ca/programs/participaction-150-play-list>
2. Go to the programs menu if not there already
3. Click on community resources
4. Click on registration form...complete the form....

To appreciate the overall numbers PCO encourages or asks that you count or estimate at least the number of participants on the day you choose to celebrate national pickleball. Email questions, **numbers**, comments to [pickleballday@pickleballbc.ca](mailto:pickleballday@pickleballbc.ca).

Get out and enjoy the summer.