

Return to Play Procedures COVID-19

Delta Pickleball Association

Pre Play

Sign Up

Play will resume on a limited basis and have to be booked using an online calendar from the Delta Pickleball Assoc. web site: www.deltapickleball.org. No walk on play will be allowed.

We will collect names of persons signing up on line to allow for contact tracing should any of the participants become infected with COVID-19.

Prior to playing and signing up on the online calendar, the players will have to answer health related questions about symptoms based on the British Columbia Center for Disease Control guidelines.

The symptoms of COVID-19 are similar to other respiratory illnesses including the flu and common cold. They include but are not limited to: fever, chills, cough, shortness of breath, sore throat and painful swallowing, stuffy or runny nose, loss of sense of smell, headache, muscle aches, fatigue, and loss of appetite. See the BCCDC website for the most up to date list. [Symptoms](#)

Persons with flu like symptoms, persons that have come in contact with someone with flu like symptoms in the previous 14 days, persons covered by a mandatory quarantine order due to travel or as a result of an order issue by a provincial or local public health officer, or persons who have been referred to testing in the past 14 days due to a medical reason without having negative results will be prohibited from being at the courts at anytime.

Players will have to agree to keep a physical distance of 2 meters/6 feet outside of the playing time.

Time Limits

[RETURN TO PLAY PROCEDURES]

Play will be scheduled on a one-hour and thirty-minute basis with matches and games limited to 85 minutes to allow for vacating the courts prior to the next groups scheduled start.

If you arrive late, you are still limited to the scheduled time slot.

Players are encouraged to arrive no more than 15 minutes prior to their time slot for an active warm up, while keeping a minimum of 7.5 meters or 25 feet away from current players. This is not a social time.

Designated Groups

Attendees would be limited to only the players who sign up for that court during the allotted time. This limits contact and keeps the vectors for transmission of the infection to a minimum. No guests or spectators.

Initial play would be limited to singles matches unless team partners are part of a trusted circle of contacts (same household or trusted contacts between players only).

Play**Check In – Pre Game Protocols**

In order to limit the risk of transmission each player would meet at the kitchen line, or another area where physical distancing can be maintained, for a pre-match meeting. This meeting is to ensure everyone has the same understanding of the current limited rules of play. Items to be covered at the meeting would include, but not be limited to, acknowledgement of:

- no signs of COVID-19 symptoms
- within the last 14 days, have not been in contact with anyone exhibiting symptoms or a confirmed case of COVID-19
- they are not subject to a mandatory quarantine order
- ball handling protocols
- playing within the designated groups
- time limits
- post game protocols
- Injury protocol

The pre-game checklist has been developed to ensure all the appropriate items are covered.

Physical

Only limited numbers of courts will be available to be booked in order to maintain proper physical distancing.

Court openings are for play only, not for socialization before or after. The current situation with COVID-19 does not allow the club to offer social interaction outside of play matches.

Cleaning and Disinfecting

Players will be responsible to supply cleaning supplies and disinfecting supplies for their time slot. Participants will also be responsible for the proper disposal of any of these items.

A list of appropriate disinfectants and cleaners can be found listed on the BC CDC website at the following link:

<http://www.bccdc.ca/health-info/diseases-conditions/covid-19/prevention-risks/cleaning-and-disinfecting>

Court Set Up

For times when the courts need to be cleared of water or debris prior to play, the players will have to wear gloves or disinfect the brooms or squeegees prior to use and after use.

Courts requiring portable nets will have to follow the same protocols.

Ball Handling Protocol

Players would be required to provide their own balls and would be suggested to clean the balls before and after each match with a disinfectant wipe or wash them with soap and water. Balls should be transported in a plastic bag or container to keep them from pre and post match contamination until they can be properly cleaned and disinfected. E.g. Ziplock bag.

Errant balls entering any other court are not to be picked up or handled by others and should be returned to the proper court by way of moving the ball with a foot or paddle only. If you do approach, maintain the physical distance.

[RETURN TO PLAY PROCEDURES]

Post Match Protocols

At the end of a match, rather than approaching the net and touching paddles, we will require players to stand at the kitchen line and wave paddles to simulate the handshake. We are a social sport - lets keep it as social as we can but still safe.

Injury Protocol

Within your group assess the need for first aid. Call emergency medical services for anything they cannot deal with themselves.

After Play

Players are encouraged to disinfect their paddles and balls after the match using the appropriate disinfectant procedures or soap and water.

<http://www.bccdc.ca/health-info/diseases-conditions/covid-19/prevention-risks/cleaning-and-disinfecting>

Players are required to wash their hands using soap and water or using an alcohol based hand sanitizer.

<http://www.bccdc.ca/health-info/diseases-conditions/covid-19/prevention-risks/hand-washing>