1. Pre-Season Education
   - **Who:** Athletes, parents, coaches, officials, trainers, teachers, healthcare professionals
   - **How:** Pre-season Education Sheet

   Impact to the head, face, neck or body

   Head injury is suspected

2. Head Injury Recognition
   - **Who:** Athletes, parents, coaches, officials, trainers, teachers, healthcare professionals
   - **How:** Concussion Recognition Tool 5 (CRT5)

   Is a more serious head or spine injury suspected?
   - YES
   - NO

   3A. Emergency Medical Assessment
      - **Who:** Emergency medical personnel

   4. Medical Assessment
      - **Who:** Medical doctor, nurse practitioner
      - **How:** Medical Assessment Letter

   Was a concussion diagnosed?
   - YES
   - NO

   5. Concussion Management
      - **Who:** Medical doctor, nurse practitioner, and team athletic therapist or physiotherapist
      - **How:** Return-to-School Strategy, Sport-Specific Return-to-Sport Strategy

   Does the athlete have persistent symptoms?*
   - YES
   - NO

   6. Multidisciplinary Concussion Care
      - **Who:** Multidisciplinary medical team, medical doctor with clinical training and experience in concussion, licensed healthcare professionals

   7. Return to Sport Medical Clearance
      - **Who:** Medical doctor, nurse practitioner
      - **How:** Medical Clearance Letter

   Return to Sport

---

*Persistent symptoms: lasting > 4 weeks in children & youth or > 2 weeks in adults*