



February 17<sup>th</sup>, 2023

*On behalf of the whole Wellness Show team, thank you for participating in the 30<sup>th</sup> Annual Wellness Show!*

**Thanks to our sponsors and our exhibitors putting on their best to showcase the latest in all things Wellness, our 30<sup>th</sup> live show came back with a bang.** On February 11<sup>th</sup> and 12<sup>th</sup>, 2023, the Vancouver Convention Centre West Building welcomed approximately 175 exhibit spaces and 15,200 attendees. A few sponsors and exhibitors have already expressed their gratitude for the success they had over the course of the two days. Sales were brisk, and public engagement was very positive.

We were so grateful to have **Nesters Market** back for another year. Their Organic Marketplace was a hit, as usual, with attendees buzzing around and trying all the delicious samples up for display.

Our three stages this year showcased a vast array of experts in their fields. **The Celebrity Cooking Stage** was a massive hit amongst attendees, where sponsors had the opportunity to have their products demonstrated to their greatest abilities by some of our city's most well renowned chefs. Attendance at the **Women and Wellness** and **Living Well** stages were also high, with many keen attendees attending for both days just to hear multiple seminars.

A new feature for us this year was the full-sized pickleball court, sponsored by **Pickleball BC**. We saw attendees of all ages thrilled to give the sport a try, a lot of them having heard of it for the first time at the show! Staying on the topic of being active, the **YMCA** graciously put on activities for kids to enjoy, including activities such as giant connect-4 and a gaga-ball pit!

Over in the Relax and Recharge Tea Lounge, **Traditional Medicinals** provided their spectacular teas, proving to be an excellent way for people to have a moment of calm. This year, the furniture was provided by the non-profit organization **Mamas Furniture**.

Plans are already in motion for us to make our return to the Vancouver Convention Centre next year for our **31<sup>st</sup> Annual Wellness Show, February 3<sup>rd</sup> and 4<sup>th</sup>, 2024**. Please see attached a form for our early bird exhibitor registration. Keep your eye on your emails and our various social media channels for updates!

Sincerely,

Jeannette Savard  
*Founder*

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