



**STROKE**

**RECOGNITION**

**AND**

**RESPONSE**

**POLICY**



## 1. POLICY STATEMENT

Pickleball BC aims to improve outcomes of stroke events by recognizing and acting quickly when an individual displays classic stroke symptoms.

## 2. CONTEXT / BACKGROUND

The effects of a stroke can be significantly minimized by quick recognition of the symptoms and getting the individual displaying the stroke symptoms to a hospital as soon as possible.

## 3. APPLICATION

This policy applies to all individuals in Pickleball BC programs, activities and events.

Given the serious nature and high risks associated with a stroke, this policy must be well known and followed when a stroke is suspected.

## 4. ROLES/RESPONSIBILITIES

Everyone involved in Pickleball BC activities including athletes, parents, coaches, teachers, officials and licensed health care professionals are responsible for the recognition and reporting of pickleball participants who may demonstrate visual signs of a stroke.

**F**ace is it drooping?  
**A**rms can you raise both?  
**S**peech is it slurred or jumbled?  
**T**ime to call 9-1-1 right away.

Act **F A S T**. Lifesaving treatment begins the second you call 9-1-1.

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**A stroke is a medical emergency.** If you recognize any of these signs, call 9-1-1. An ambulance is the best transport method for getting the individual to the best hospital. Transport by private vehicle may be considered in the event an ambulance is not immediately available.

All stroke incidents shall also be reported and documented per the Pickleball BC Medical Incident Policy

## **5. IMPLEMENTATION**

The Board of Pickleball BC must communicate this Policy to all those governed by this Policy.

The graphic Stroke FAST Poster, from the American Heart Association, should be prominently on display and be included in all First Aid Kits. A copy is available as a standalone document.

Individuals participating in Pickleball BC programs, activities and events are to familiarize themselves with this Policy.

## **6. RESULTS**

Pickleball BC, its Board, employees and general membership know how to recognize a stroke and what they need to do immediately.

Individuals confirm they feel safe while participating in Pickleball BC programs and events knowing that any medical incident will be recognized as such as handled with appropriate care and attention.

This policy is followed and appropriate actions are immediately taken to reduce the risk of serious injury where a stroke is suspected.

## **7. COMING INTO FORCE**

August 1, 2022