

TEAM OF THE YEAR

PRESENTED BY LOCAL RENTAL SOLUTIONS

BC RUGBY 7s – WOMEN'S CANADA SUMMER GAMES TEAM

Women's Rugby 7s was a new sport to the Canada Summer Games in 2022 and Team BC made history as the event's first gold medallist. The team went undefeated through the tournament, scoring 232 points while conceding just 17 over six games. BC won the semi-final 22-7 over Ontario, then dominated the field at Brock University with a powerful 38-0 win over Quebec to secure the gold medal.



LANGLEY RAMS FOOTBALL TEAM

Won a third consecutive Cullen Cup to advance to the 2021 Canadian Junior Football League championships, where the Rams rolled over London Beafeaters 37-0 to win the team's first-ever national title. Rams' players were also dominant in the tournament awards, with Tyler Eckert earning Defensive Player of the game honours: Michael Calvert took home the Offensive Player of the game award and Daniel Kubongo took home Special Teams honours.



TRINITY WESTERN WOMEN'S VOLLEYBALL TEAM

The Spartans advanced to the national championship by winning a third consecutive Canada West title with a 3-1 win over Calgary. The team lived up to its No.1 ranking going into nationals, downing Mount Royal 3-1 to secure the championship. The team finished the season with a 24-2 record, with Avery Heppell named national championship MVP and Heppell and Ansah Odoom earning all-star honours.



UBC WOMEN'S GOLF TEAM

Dominated the women's golf ranks in both NAIA and Cascade Collegiate Conference, finishing the 2021-22 season with an unblemished record in winning all 12 tournaments entered. UBC capped the perfect season by winning a fifth consecutive Golf Canada Canadian University/College Championship and a 10th consecutive CCC title. The T-Birds, ranked No.1 in CCC and NAIA, also had 80 per cent of the team honoured as Academic All-Canadians.



UVIC WOMENS FIELD HOCKEY TEAM

The Vikes women were unstoppable in 2022, scoring 43 goals in an unbeaten season that saw them win the Canada West championship and a fourth consecutive national title. UVic downed York University Lions 2-0 in a best of three national championship series, winning the first game 2-0 then clinching the title with a 2-1 win. The victory marked the 15th national title for longtime coach Lynn Beecroft, who confirmed her retirement after 39 years of coaching at UVic.

